


Contact Name


Event date


Pick-Up Location


Pick-Up Time


Soups & Salads

- 

Seasonal Soups - \$5.50 #
- 

Cobb Salad - \$12.00 #
Mixed Greens, Bacon, Egg, Blue Cheese, Tomato, Avocado Ranch
- 

Spring Harvest Salad - \$12.00 #
Mixed Greens, Tomato, Cucumber, Carrots, Dried Cranberries, Pickled Red Cabbage, Italian Vinaigrette
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Fruit Salad - \$12.00 #
Spinach Lettuce Blend, Dried Cherries, Strawberries, Blueberries, Cranberries, Walnuts, Goat Cheese, Shallot Vinaigrette
- 

Mediterranean Salad - \$12.00 #
Mixed Greens, Tomato, Kalamata Olive, Cucumber, Garbanzo Beans, Citrus Oregano Vinaigrette

Hand Helds

- 

Arugula Pesto Chicken Sandwich - \$13.00 #
Chicken, Arugula Pesto, Roasted Tomato, Mozzarella
- 

Chipotle Turkey Focaccia - \$13.00 #
Turkey, Chipotle Cream Cheese Spread, Lettuce, Tomato, served on Focaccia Bread
- 

Jamaican Jerk Chicken Salad on Croissant - \$11.00 #
Chicken Breast, Bell Peppers, Jerk Seasoning served on a Croissant
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Chicken Caesar Wrap - \$13.00 #
Romaine Lettuce, Grilled Chicken Breast, Parmesan Cheese, Caesar Dressing, wrapped in a Tortilla

HELP Harvest Sides

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Sweet Potato Salad \$4.00 #
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Broccoli Salad \$4.00 #
- Grilled Chicken Breast \$5.00 #
- Macaroni Salad \$4.00 #

HELP Harvest Breakfast

- Chocolate Chip Muffin \$2.50 #
- Blueberry Muffin \$2.50 #
- Croissant \$2.50 #
- HELP Harvest Power Balls \$6.00 #
- Fruit Cup \$5.00 #

HELP Harvest Beverages

- Apple Juice \$2.00 #
- Orange Juice \$2.00 #
- Cranberry Juice \$2.00 #
- Bottled Water \$2.00 #
- Canned Soda \$2.00 #
- **Individual Coffee \$3.00 #
- **Coffee Box (96 oz, serves 8–10) \$30.00 #
- **Coffee Caraf (192 oz, serves 16–18) \$48.00 #

HELP Harvest Baked Goods

- Lemon Bread \$3.00 #
- HELP Harvest Cookies \$2.00 #
- Brickman's Potato Chips \$2.00 #

 Ingredients grown in the HELP Harvest Greenhouse  Indicates food items that can be heated

*Please submit an advanced order request to Culinary Services Director, Mark Blaszak at [least one week prior to the event date at mblaszak@helpfoundationinc.org](mailto:mblaszak@helpfoundationinc.org)
All orders must be paid for in full at the time of order unless other arrangements have been agreed upon.

- o Any cancellations within 24 hours of the event will be charged the full amount.
- o Paper products and serving utensils are available for an extra charge.
- o Please be sure to check out the HELP website for the most updated menu as there are seasonal changes.

**Coffee is only available at Cleveland Foundation Building and MidTown Collaboration Center from 8 a.m. – 2 p.m.

For more information on HELP's mission please visit the website at www.helpfoundationinc.org