



# Partnerships for *Success*



"HELP  
FOUNDATION  
EMPOWERS  
INDIVIDUALS WITH  
INTELLECTUAL AND  
DEVELOPMENTAL  
DISABILITIES —  
THROUGH  
RESIDENTIAL,  
DAY SUPPORT,  
VOCATIONAL, AND  
SUMMER EDUCATION  
PROGRAMS — TO  
CHOOSE SERVICES  
AND OPPORTUNITIES  
AS RESPECTED  
AND VALUED  
MEMBERS OF  
THE COMMUNITY."

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# Partnerships for *Success*

HELP Foundation was created to bring together the talents and resources of parents who had children with Intellectual and Developmental Disabilities (IDD) to improve their lives and those of everyone who faced these lifelong challenges. Commitment, compassion, and the power of collaboration created HELP Foundation, and are the driving forces behind all of our work and effort today, 47 years later. The consumers who choose HELP to assist them in living their lives are very different from the first children who came to live in the HELP Home on Euclid Avenue. Today, people who have IDD and their families have a wide array of services and supports to choose from, and a network of information and experts to guide and assist in making the choices, and finding resources that suit them best. This network, a collaboration of government agencies, private providers, school districts, informal parent and family groups, all come together in various ways to insure the well-being and happiness of the people we are proud to serve.

It is only through our history of collaboration that HELP has succeeded as a strong, stable agency in the face of changing and challenging funding and regulation. Our critically important partnership with the Cuyahoga County Board of Developmental Disabilities (CCBDD) has resulted in not only excellent service delivery but the innovation and support needed to find new and better ways to care for the people who rely on us. We wouldn't have the great achievement of our recent investments of more than \$1 million at the HELP Day Support, HELP U Shred, and two new group homes in Euclid without the support and assistance of Mayor Cervenik and his staff. Last year HELP undertook a bold new collaboration with CCBDD, the Cleveland Metropolitan School District (CMSD), the Cleveland Catholic Diocese, and numerous regional school districts in order to conduct our Summer Program in two beautiful CMSD elementary school buildings. The work of HELP's staff in ensuring dignified, supportive, and fulfilling lives for the people we are honored to assist would not be possible without these partnerships.

This coming summer, the summer of 2012, will be the 40th Anniversary of one of the longest running, and most successful regional partnerships in the IDD service community. The HELP Summer Program began like so many other programs, small, in space found where it could be, in order to fill a gap in the lives of the children at the HELP Home. Summertime for young people with IDD can be every bit as fun and carefree as their typical peers, but it may also be more detrimental to their personal development. Without the structure and reinforcement of a school environment young people will lose progress academically and personally, for children who have developmental disabilities this effect can be markedly increased. Thus was born the HELP Summer Program, with a dozen children in a shed in the backyard of the HELP Home. From those humble beginnings the program has grown to serve 340 children this year, with an expansive and unique collaborative partnership to bring it together. But, we're getting ahead of ourselves, you can read all about this amazing program and its history further in this report.

Everything that HELP does would be impossible without your support and belief in our mission, thank you for caring about the people we serve and for sharing our history with us.



*Daniel J. Rice*

Daniel J. Rice  
*Executive Director*



*Julie Ann Sweet-Buntin*

Julie Ann Sweet-Buntin  
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# HELP Summer Program *40th Anniversary*

The HELP Summer Program will celebrate its 40th year of operation in the summer of 2012. During this landmark season the program will serve 340 children and young adults who have intellectual and developmental disabilities (IDD) at two Cleveland Metropolitan School District (CMSD) elementary schools with critical support from the Cuyahoga County Board of Developmental Disabilities (CCBDD), close partnerships with nearly a dozen other school districts, and the Cleveland Catholic Diocese nutrition services providing breakfast and lunch for the students. As with so many programs that have become crucial pillars of support for the IDD community in Cuyahoga County this program began in a humble ad-hoc fashion intended to address a need experienced by a small number of people.

It was June of 1972 when the HELP Continuing Education Summer Program took over a storage shed on the property of the first HELP Home on Euclid Avenue in Cleveland. The twelve children who lived at the HELP Home were the first class of this new program which was created to cover the interruption of education and reinforcement from school during the summer. The budget for this new program came from a \$10,000 grant provided by the Junior League and for three years twelve children and one teacher continued to learn and grow in minimal facilities and cramped quarters. A few years after its creation the program began its nomadic journey, first at the Lakewood Congregational

Church made possible by HELP Trustees, and the timely acquisition of a van for transportation. Next they moved to the Calvary Lutheran Church which was down the block from the HELP Home and provided a nearby classroom for the students. Soon enough word began to spread and the program doubled in size, and moved again to the Cleveland Music School Settlement as people learned of a quality summer program for kids who have IDD. Expansion of the schedule through August, and continued growth required additional staff, which led to the hiring of Marilou Weidus as the program teacher in 1976. A few years later Marilou became the Program Director and serves in that position today. More

staff was added, formal curriculum and measurement systems were established and by 1982 they had outgrown the Music School Settlement and moved again. St. Joseph's Center in Tremont was home to the program for five years as a guest of Catholic Charities.

The fifteenth anniversary of the program found it in trouble, nearly a victim of its own success. Providing a program to nearly 100 students each summer required an amazing effort by staff, board members, volunteers and anyone who could be roped into helping out. Just in time our good friends at the CCBDD recognized that HELP was providing a service that fit neatly with their mission and ability. Appeals for help to the County Board resulted in new space being provided and the assurance of future funding for this valuable program. Those assurances were a welcome relief, but weren't to come to fruition. During 1988 a severe budgetary crisis at the County level removed funding and facilities for many programs including the HELP Summer Program without leaving enough time for alternatives to be found, for the first time since 1972 there was no HELP Summer Program.

With the County still unable to fund the program for the following year HELP looked to the Community Alternative Funding System or CAFS which was money designed specifically for programs like HELP's. With some quick action, and the services of skilled attorneys and legislators, CAFS funding was provided and the program moved once again to the spacious and modern William Patrick Day Center in Cleveland. With a solid funding source, support from across the community and a growing student body the program would once again move, and for the first time split into two sites to cover the east and west sides of the county. At the Parma and East Cleveland developmental centers the program grew and thrived,

servicing more children than ever before with the same high-quality, compassionate focus as they had in the HELP Home's shed. The program became more than a source of education and support for children during the summer, it was now a crucial link in services for families, as well as a training ground for students entering into the special education field. With teachers returning year after year, some starting as classroom aides in high school or college and moving on to earn Masters or even PhD degrees and continuing to return to teach in the HELP Summer Program.

For years the program operated at the CCBDD Early Childhood Centers on the east and west sides, relying on the County for facilities, transportation, specialized equipment and financial support, as well as school districts, donors, and the hard work of staff and volunteers. In recent years the program faced the need to find a new location yet again. This time leading back to Lakewood and the Hayes Elementary School for two years, and finally in 2011 into a unique partnership with CMSD to host our program in two of their beautiful new schools. These latest moves have moved the program to what many feel is a logical development as a majority of our program students attending CMSD schools during the regular school year. Conducting the HELP program in Cleveland schools, rather than facilities outside the City of Cleveland, reduces travel time and improves the comfort level of students and their families. This partnership is a natural and is supported by all of the historical partners of the Summer Program, CCBDD, the Catholic Diocese and many local school districts. Looking towards the future the HELP Summer Program will continue to be in high demand, and an ever more critical component of the services needed by children and families throughout our region.

## 2011 HELP Summer Program Highlights

- Served 301 Children
- 82% were provided door-to-door transportation
- 3:1 student to staff ratio in all classrooms
- 70% of students come from households living below the poverty line
- Data collected on 865 educational goals
  - Adequate progress was made on 55.3% of goals
  - 38.6% of goals were achieved and mastered

## 2011 Participating School Districts

Avon Lake  
Bedford  
Brunswick  
Cleveland  
East Cleveland  
Euclid  
Fairview Park  
Independence  
Mayfield Heights

Nardon City Schools  
North Olmsted  
Olmsted Falls  
Orange Westlake  
Richmond Heights  
Shaker Heights  
South Euclid/Lyndhurst  
Warrensville Heights



# Programs & *Services*

HELP Foundation, Inc. has been a leading provider of residential and support services for adults and children with developmental disabilities since 1965. Our founding families established our mission to *ensure children and adults with developmental disabilities have the homes, environments, and opportunities to be valued members of the community.*

We are proud to serve nearly 500 individuals each year across Cuyahoga, Summit, and Lake Counties in northeast Ohio. Through valuable partnerships with the Boards of Developmental Disabilities in each of those counties we are able to provide our residents and clients with high-quality, comprehensive services based on their individual needs and choices.

## HELP Adult Day Support Program

The HELP Adult Day Support Program is a supportive, community-based full day program that provides adults with intellectual and developmental disabilities a stimulating, casual, and enriching environment. The program is designed around the individual and their need for social interaction, community involvement, and interesting activities in a group setting.

The Day Program is designed to build on the individual's skills based on their needs and focuses on:

- Skill development/reinforcement
- Socialization
- Self Direction
- Community Integration
- Personal care
- Assessment
- Recreation/Leisure

## HELP U Shred Vocational Training Program

HELP U Shred was started in late 2011 to provide paid vocational training for participants of the HELP Adult Day Support Program in Euclid. Employees are paid minimum wage (\$7.70/hr) for their work, which allows them to earn significantly more than the piece-work pay of many vocational programs in our area. This program teaches and reinforces appropriate workplace behaviors, job skills, and the discipline needed to perform a task for an entire work day. The program now provides employment to 30 individuals who perform paper shredding document destruction for local businesses.



HELP U Shred provides adults who are disabled with a supported vocational training program to build their workplace skills and confidence while earning a competitive wage to supplement their income.

Available Shredding Programs Provide:

- On-site shredding containers for your facility
  - In-house shredding at our on site facility
  - Monthly pick-ups
  - Community shred days
  - Locked blue bins
  - Locked cabinets/soles
  - Customer drop-off for residents in which you can watch your documents being shredded
- ... and much more!

For More Information:

**Rohn Hess, Vocational Habilitation Director**  
216-965-0279 • [rhess@helpfoundationinc.org](mailto:rhess@helpfoundationinc.org)



## Licensed Homes

### *The Janet S. Kohn and Walter I. Zborowsky Homes for Children*

The Janet S. Kohn Home in Cleveland Heights named for Janet Kohn a loyal friend and long-time Trustee with a passion for helping children with disabilities. Her dedication and love live on in the children served at HELP, and those who knew her during her lifetime.

The Walter I. Zborowsky Home, named for HELP's Director Emeritus Walter Zborowsky, is located in South Euclid and reflects Walter's commitment and compassion for children with developmental disabilities.

12 children live at the Kohn and Zborowsky Homes, our program emphasizes personal development and life skills training to help them prepare for a life of greater independence as they become adults.

### *Nottingham Home*

In partnership with the Cuyahoga County Board of Developmental Disabilities and North Coast Community Homes, HELP provides services to eight adults at the Nottingham Home. Located in the Collinwood neighborhood of Cleveland, Nottingham is a large, accommodating house which was renovated for the needs of our residents.

### *Euclid Homes*

The Oak Court & Sycamore homes are the newest additions to HELP's residential offerings, opening in late 2011 to accommodate the women moving from the Catherine Horstmann Home. Oak Court is a three-bedroom home completely rehabilitated through HUD Neighborhood Stabilization funding and subsequently sold to HELP. Sycamore is just around the corner from Oak Ct. and was purchased by HELP for four residents.

## HUD Funded Housing

### *HELP Six Chimneys, Inc.*

Opened in 1983 after extensive renovation of a building given to us by Maxine Goodman Levine each of Six Chimneys' 46 apartment units is a safe, supported home for an adult with developmental disabilities. Each resident has their own apartment, and is provided with the services and assistance they need to live, work, and play as members of the community.

### *HELP Housing for the Disabled, Inc.*

HELP Housing for the Disabled was created in 1992 to address the needs of residents who had surpassed the goals of semi-independent living but required additional training and support. HELP Housing has three sites; West 153rd, East 38th, and Bonna totaling 24 garden-style apartment

units. Staff assists residents in apartment maintenance, money management, cooking, shopping, and accessing resources in the community.

#### HUD Program Features:

- 24 Hour on-call staff response
- Daily staff service
- Nursing & Medical Services
- Financial Management
- Job Support
- Social Activities & Recreation Opportunities
- Transportation Assistance

## Community-Based Supported Living

Community-Based Supportive Living is designed to help clients achieve greater independence in the community as well as to assist them in attaining their long-range personal goals. Supported Living may include assistance with selecting and moving into a home, choosing staff and housemates, acquiring household furnishings, performing common daily living activities, becoming a participating member in community life, and managing personal financial affairs.

These services help individuals exercise meaningful choice and control in their daily lives, including where and with whom to live. Because these may be life-long concerns, Supported Living Services are offered for as long and as

## 2011 Annual Meeting Award Winners

### *Employees of the Year*

Rebecca Fritz  
Ed Gilliard  
Doug Knoop  
Marqueze N'Dow – Day Program  
Mark Ribar - Day Program  
Kieta Smith - Six Chimneys  
Amy Steverding

### *Robert Herman Leadership Award*

Tamara Honkala

### *Progressive Achievement Award*

William Appleton  
Donald Jackson  
Aimee Potkalitsky  
Jamal Smalls  
Amy Sweigert  
Brent Sydenstricker

### *Honored Trustee Award*

Inez Corrado

### *Ralph Fried Dedication to Children Award*

Constance Uhl

### *Elizabeth Hall Volunteer Award*

Janet Barthlomew

### *Sidney Simon Dedication Award*

Marty & Michelle Frygier

### *Special Recognition*

Denise Bennifield  
Edith Davis  
Colette Ford  
Terri Mickens  
Barbara Lackey

# Programs & *Services*

often as needed, with the flexibility required to meet changing needs over time, and without regard solely to the level of disability.

### *South Woodland & Normandy Homes*

South Woodland and Normandy Homes are special and unique to HELP. Both homes are community-based, with individuals living with roommates of the same age, level of ability, and interests.

The women of Normandy Home love and enjoy community living to the fullest. While they are older, their zest for life remains young at heart.

The Woodland Home is a four-bedroom ranch, renovated by North Coast Community Homes to provide an accessible home for adults.

### *Regency Apartments*

Regency Apartments in Parma provides a home for individuals in a comfortable and convenient apartment setting in their community. This type of housing is ideal for consumers who are developing their independence but require ongoing support and assistance.

### *Hillside Home*

Hillside Home joined the HELP family in 1999. The home is a three-bedroom, split-level ranch located in Seven Hills on a quiet street. Hillside is home to five individuals who enjoy the peace and solitude of this suburban setting. Staff is available on a twenty-four hour basis to provide the necessary care and personal assistance.

### *Parkgate Home*

Since 1999, HELP Foundation has been providing services to Parkgate Home. This site is a three-bedroom Tudor home located off East Blvd. on the east side of Cleveland.

### **Lake County**

Our Lake County program serves ten individuals in homes ranging from Mentor to Painesville. One of the homes is a specially designed accessible ranch home where the individuals are becoming increasingly more independent as they learn to cook, shop, clean, and manage their money. Another site consists of a condominium where three individuals receive the support they need to meet their health and safety needs in a community-based setting. A third site is a consortium where we work collaboratively with the parents and the individuals to ensure that they receive the services needed and desired. All of the individuals are very active in their communities, using community-based services for medical care as well as shopping and recreation. Our guiding philosophy is that we have been invited into these individuals' homes to work for them and their families.

### **Summit County**

Our Summit County program was established in 1990. Since that time, we have provided unique, quality services to individuals who require a structured living environment. Hours of service provision range from twenty-four hour supervision to drop in services of two to three hours per day.

The Summit County program currently serves nineteen individuals in a variety of integrated apartment settings throughout Summit County in Stow and Akron. Our main operation is at the Bridgewater Parkway Apartment Complex in Stow. The majority of individuals share these apartments.

Our residents are encouraged and assisted with learning daily living skills to become more independent including apartment maintenance, cooking, budgeting, socialization and community participation. In addition, necessary supports are provided to meet medical, emotional and physical needs.





### Revenue & Support

Program Services	\$6,799,045
HUD Management Fee	37,542
Fundraising	171,332
Interest & Other	75,993
<b>Total Revenue &amp; Support</b>	<b>\$7,083,912</b>

### Expenses

Program Services	5,587,114
Supporting Services	906,021
Foundation Development	83,392
HUD Project Management	30,000
<b>Total Expenses</b>	<b>\$6,606,527</b>

**Net Surplus from Operations \$477,385**

### Other Income

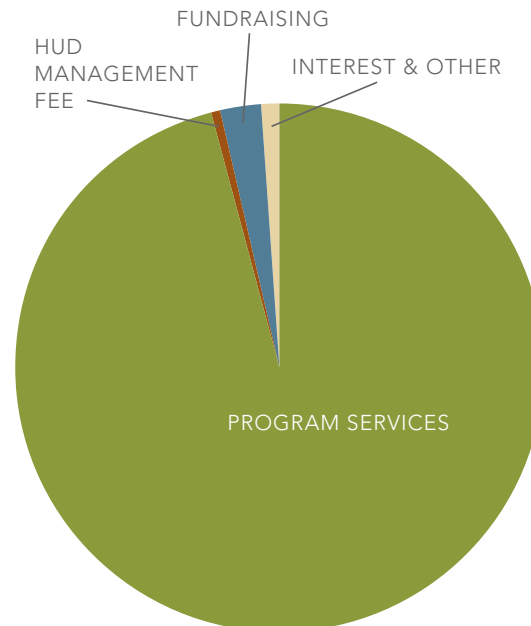
Investment Income (loss)	(126,834)
Grant From HELP Inc	590,000
Construction Grant	11,090
<b>Total Other Income</b>	<b>\$474,256</b>

**Increase in Net Assets \$951,641**

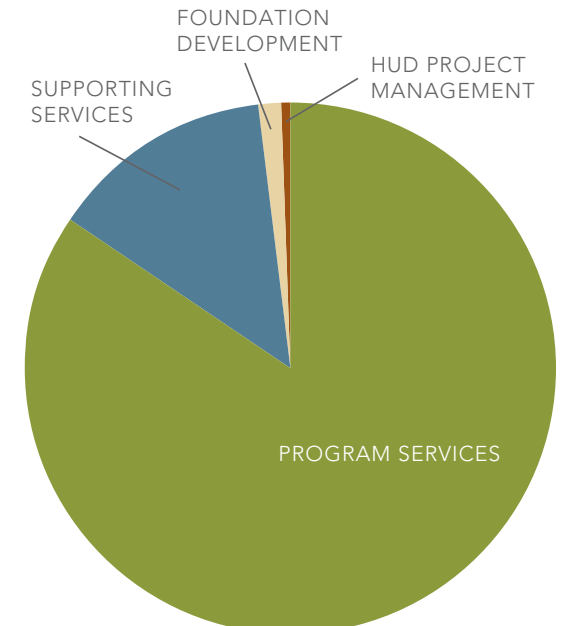
# Statement of *Operations*

FOR YEAR ENDED DECEMBER 31, 2011

## Revenue & Support



## Expenses



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 Mr. Dave Scott  
 South Euclid Cooperative Nursery School  
 Ms. Jacqueline Stang  
 Mr. & Mrs. Ken Stary  
 Chief Stubbs Cleveland Fire Department  
 Mr. Jeffrey A. Swan  
 Ms. Joan Szabo  
 Ms. Kari Torpey  
 Ms. Janney Warren  
 Ms. Melissa Warren  
 Mr. Steve Wayat  
 Mr. Matt Ylybak

### Grants

Eva L. and Joseph M. Bruening Foundation –  
 Continuing Education Summer Program  
 Cavaliers Youth Fund - Continuing Education  
 Summer Program  
 The Cleveland Foundation – Adult Day  
 Support Program  
 KeyBank Foundation – HELP U Shred  
 The Lubrizol Foundation – HELP U Shred  
 William J. & Dorothy K. O'Neill  
 Foundation – Strategic Plan



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## HELP FOUNDATION GOLF OUTING AURORA GOLF CLUB

# SAVE THE DATE

MONDAY, SEPTEMBER 10, 2012



50 Trails End,  
Aurora, Ohio 44202

- 4 Player Scramble
- 12:00 pm Shotgun Start
- \$500 foursome
- Includes golf, cart, lunch, dinner, practice range, locker room & bag service