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HELP O'WEEN!

The HELP Adult Day and Seniors Programs enjoyed Halloween celebrations with festive treats, games, and amazing costumes!



Conceiving, planning, and executing parties to celebrate holidays and special events are some of the many ways HELP staff engage Adult Day and Seniors Program participants to build confidence and independence while reinforcing the skills they need to care for themselves each day. Participants come up with ideas for games, meals, contests, and decorations for monthly parties.

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HELP Foundation empowers individuals with intellectual and developmental disabilities through residential, day support, vocational, and summer education programs to choose services and opportunities as respected and valued members of the community.

CEO'S *Letter*



Tamara S. Honkala
President/CEO

Thank you for your continued friendship, support, and belief in our mission! As we come to the end of the year I reflect on how moved I am by the amazing compassion and dedication given so freely by our staff and volunteers. Caring for our consumers requires a depth and generosity of spirit that even after 25 years still awes and inspires me. The people we serve become a part of our hearts and lives; we truly become a great big family, with all the wonderfully funny, challenging, sad, and joyful times that includes. I hope you can appreciate how much it means to me personally, and to the people that live in our homes and participate in our programs, that you are reading this and helping us to be a stronger family to better care for them.

The coming year will be a busy one for HELP as 2015 marks our 50th Anniversary year! I hope you'll join in celebration as we reflect and honor our past while preparing and building an even stronger foundation for growth and success for the next 50 years.

The festivities kick off on March 28th with a fun and exciting evening at HELP Night at the Races! If you're looking for an excuse to improve your fitness we hope you'll take the opportunity to participate in our HELP 5k Race on Saturday May 2nd! The race will start and finish at our Adult Day & Vocational Program in downtown Euclid. This location allows us to create a dynamic road race along the lake as well as the chance to see our beautiful facility and meet many of the people we serve. I hope you can run with us as we want you to be looking your fit and fabulous best as we head into next summer for the HELP 50th Anniversary Party! We have an amazing committee planning this event and you will want to stay tuned for the date and details coming soon.

I can not imagine a more appropriate way to mark our 50th Anniversary than the opening of the HELP Administration & Training Campus. This new facility will be the first time in our history that HELP has a physical presence of such visibility and community impact. Carefully designed to meet our current needs with due consideration for our growing programs and a sharp eye on the bottom line these facilities allow HELP to better serve our consumers, train our staff, and run our operations while elevating our brand to share our story with everyone in our extended community.

Next year will be amazing! We'll have announcements and details on other opportunities for you to celebrate with us coming soon. Everything that we do to celebrate our history and honor our mission is designed to support and encourage engagement and understanding of the work we do and the many needs we meet for the people we serve. Thank you for your continued involvement in our HELP family!

Tamara S. Honkala
President/CEO

HELP SUMMER PROGRAM 2014

The 2014 Summer Program wrapped up another great six-week session in early August after serving more than 400 children and young adults at three locations! Thanks to a unique collaboration with the Cuyahoga County Board of Developmental Disabilities, Cleveland Metropolitan School District, the Catholic Diocese of Cleveland, and more than a dozen local school districts we are able to conduct this program safely, efficiently, and effectively! Each participating student has their individual goals and objectives monitored by classroom teachers and aides with daily progress reports for their parents and guardians. This attention to individual needs and ability helps students from losing ground on personal achievements during the summer and to quickly get back into their habits and routines when school begins again.



Popcorn for everyone during the game thanks to Staff and volunteers!



HELP CEO Tami Honkala joined the cheerleaders rooting for the players!



The traditional students vs. staff basketball game capped off the final week of the program at our east side Miles Park Elementary location.

GOLF OUTING 2014

The 2014 HELP Golf Outing was held on August 25th at the beautiful and challenging Elyria Country Club. A warm day didn't dampen the enthusiasm of our players who helped us raise more than \$17,000 to support our mission! Thanks to all of our players, sponsors, and volunteers for another great day on the course! Special thanks to Massage Envy who sponsored a skill challenge that rewarded successful players with a one-hour massage gift certificate and HELP with a donation of \$1,200!



HELP Trustee Bob Pelles (2nd from right) with (left to right) Steve Volovar, Bryan Sedio, and Mark Mangione.



HELP CEO Tami Honkala played with (left to right) Micki and Harry Steinmetz and her husband Dan Honkala.



HELP Board of Trustees President Mike Brink (far right) played with (left to right) his brother Dan, dad Michael, and uncle John.



HELP's Senior Advisor Dan Rice (2nd from right) and his foursome of (left to right) Bill Miner, David Arredondo, and Kyle Robinson.



The tricky #11 par 3 resulted in HELP receiving a \$1,200 donation from the wonderful owners of Massage Envy!

Thank you TO OUR GENEROUS GOLF OUTING SPONSORS!



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Guardian Insurance

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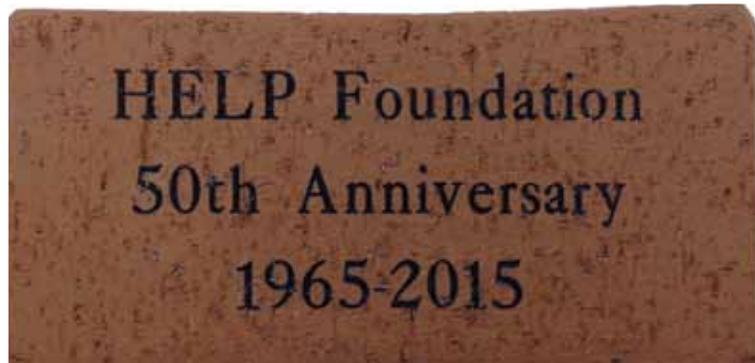
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HELP *50th* *Anniversary Terrace*

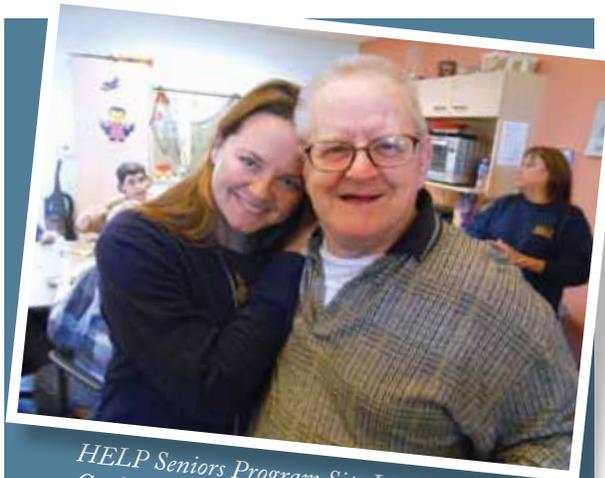


Next year we will celebrate our 50th Anniversary with the opening of the HELP Administration & Training Campus in Euclid. This beautiful new facility will support our current programs and allow for the kind of sustainable program growth that has enabled HELP to reach this milestone as a strong and stable organization.

Celebrate with us by purchasing a brick paver to adorn the landscaped patio of this new facility!

To order yours please visit www.helpfoundationinc.org!

Or Contact Doug Knoop, Development Director at 216.432.4810 x329 or e-mail dknoop@helpfoundationinc.org



HELP Seniors Program Site Leader Amy Conklin smiles with Tommy at his going away party

GOODBYE TOMMY!

We bid a tearful, but joyous farewell to a dear friend and longtime HELP resident Tommy K. recently as he moved to live with family near Cincinnati. Tommy lived at Six Chimneys from the time it opened until just a few years ago when he moved into a group home where he could receive more specific care for needs that developed as he aged. He was also an enthusiastic and welcoming presence at our Adult Day and Seniors Programs where they held a heartfelt going away party for him. We'll stay in touch and know that he already feels right at home with his family!



HELP CEO Tami Honkala with Tommy at a recent luncheon in Cleveland City Hall, Tommy was one of the first consumers Tami worked with when she started at HELP.

Donations APRIL 1 - OCTOBER 31, 2014

Monetary Donations

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Sharon & Bill Sulak
Denise Toil
Megan Walsh
Carol Wittkopf

We apologize for any omission or error, please contact Darlene Willis with corrections a 216-432-4810.

HELP O' Ween! *continued from page 1*

With staff assistance, consumers then embark on the planning needed to make these ideas come together. This involves selecting teams, delegating duties, shopping for supplies, making decorations, and planning meals. These preparations frequently include practicing songs and performances to share at the event.

Group activities that focus on real-world tasks and involvement with the community are at the heart of the therapeutic services our day programs provide. These are so much more than “day care” facilities, each participant has individual goals and objectives that our staff work with them to achieve. Growing independence through fun and friendship is the path to personal success for HELP consumers!





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SAVE THE DATE FOR OUR

50th Anniversary Celebrations!

MORE DETAILS AND EVENTS TO COME!

Night at the Races

Saturday, March 28th

Brennan's Party Center

HELP US RUN 5K RACE

Saturday, May 2nd

Starting & Finish Line: HELP Adult Day Program